



# **Bachelor of Nursing Advanced (Mental Health)**

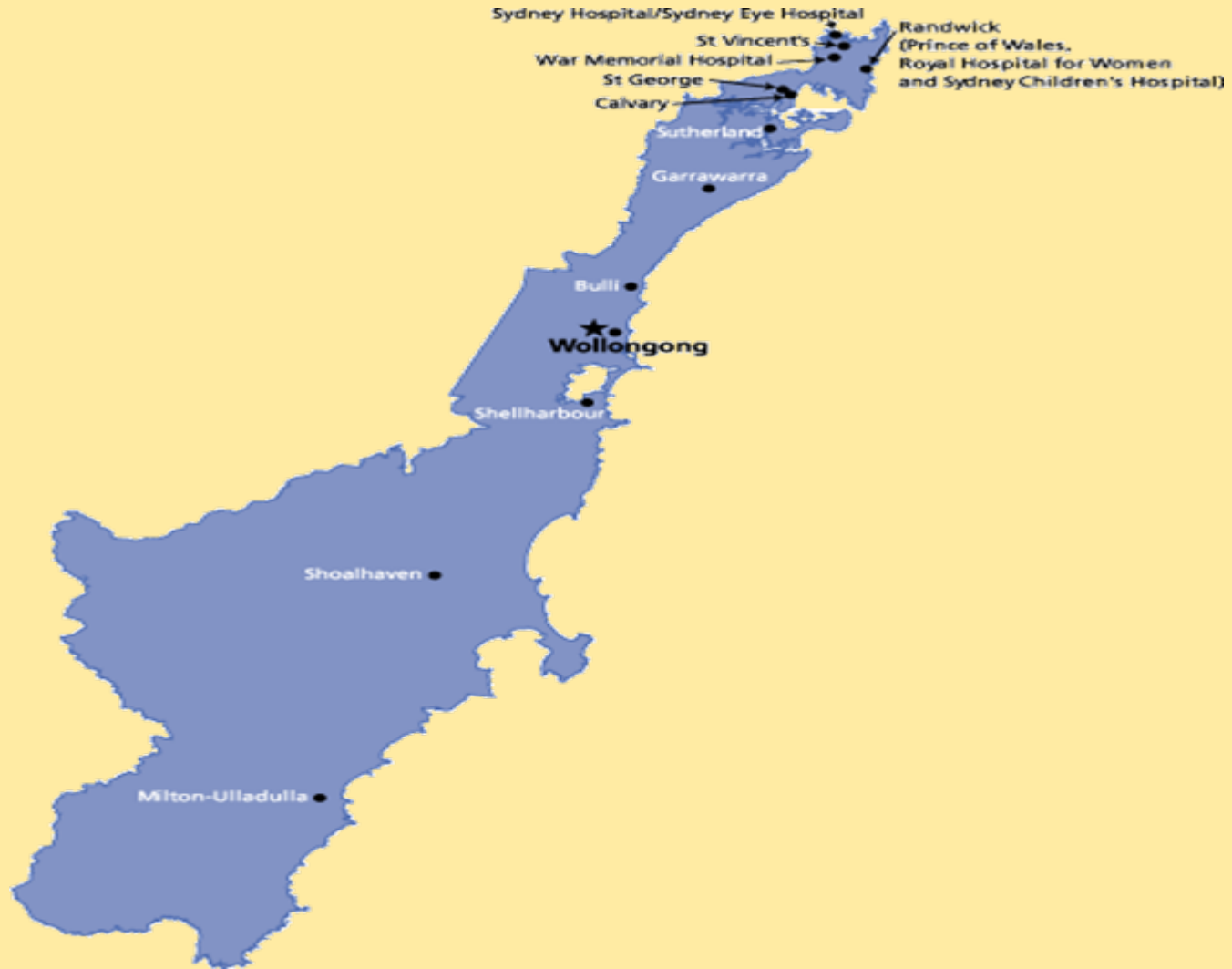
## Development of a 4 year degree

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# Current NSW Area Health Services



# SOUTH EASTERN SYDNEY ILLAWARRA AREA HEALTH SERVICE





**WOLLONGONG**

[www.deekramer.com](http://www.deekramer.com)

# University of Wollongong

Established: 1951  
Total graduates: 81,103  
Current students: 24705



## Campuses and Education Centres

Australian campuses at Wollongong and Shoalhaven

Education Centres at Batemans Bay, Bega, Moss Vale and Loftus

Sydney Business School, Sydney

Overseas campus (UOWD) in Dubai, United Arab Emirates

## Offshore teaching operations:

Singapore

Hong Kong

Malaysia

People's Republic of China





# Overview

- SNMIH is in the HBS faculty
- Current BN is a 3 year degree with a strong emphasis on mental health
- Approximately 1000 students
- Simulation involving clinicians is well established in mental health subjects
- Close ties with Illawarra mental health
- Some consumer & carer input
- Ideas to develop a mental health specialty
- Well established post graduate mental health

Year 1	Year 2	Year 3
Effective Communication in health care relationships SIM IPS	Principles of episodic care SIM	Nursing care of people with chronic conditions SIM CP*10
Patterns of knowing in nursing	Developing Nursing Practice 1 SIM CP*20	Mental Health Nursing 2 SIM CP*10
Art & Science of Nursing A SIM	Family Centred Nursing SIM	Therapeutic Use of Self SIM
Art & Science of Nursing B SIM CP*10	Reflection & Practice IPS	Evidence appreciation & application in practice IPS
Primary Health Care Nursing SIM	Cultural competence in Health Care Practice SIM IPS	Nursing care of people with complex conditions SIM
Essentials of Care A	Therapeutics in Nursing	Challenges of Ageing SIM
Essentials of Care B SIM CP*10	Developing Nursing Practice 2 SIM CP*10	Leadership in Health Care Practice SIM IPS
Introduction to Health behaviour change SIM *IPS	Mental Health Nursing 1 SIM CP*10	Transition to Professional Practice SIM CP*20

# Development of BN Advanced (mental health)

- Success in applying for funding from DoHA to establish a major in an undergraduate degree
- Decided to develop 2 majors at one time to allow small numbers and overcome some workload issues
- Wanted to increase number of days in clinical areas
- Wanted students to have an overseas experience if desired

# Development of BN Advanced (mental health)

- Wanted consumers, carers, clinicians, current & past students involved in the initial planning
- Wanted to allow flexibility of teaching modes and delivery
- Wanted to educate nurses for future clinical leadership positions
- Wanted to encourage students already in the programme to consider mental health as a career



# What steps did we take?

- Decided on a 4 year degree
- an advisory committee comprising mental health clinicians, consumers, carers, indigenous representation, students and academics;
- Bachelor of Nursing (BNursing) External Advisory Committee comprising senior clinicians, managers, academics and NSW NMB representatives
- Developed 2 Advanced degrees
- Developed a template for any future 4 year degrees
- Successful resolution of all university processes.
- Accreditation with NSW NMB



# What do we have?

- a four year degree
- 80 days of mental health clinical experience
- Has opportunity for an international experience in Board approved countries
- 7 new subjects
- Flexibly delivered
- Approval has been recommended to the NSWNMB for its June meeting
- Flexibility of entry criteria

Year 1	Year 2	Year 3	Year 4
Effective Communication in health care relationships <small>SIM IPS</small>	Principles of episodic care <small>SIM</small>	Nursing care of people with chronic conditions <small>SIM CP*10</small>	Contemporary research in practice
Patterns of knowing in nursing	Developing Nursing Practice 1 <small>SIMCP*20</small>	Mental Health Nursing 2 <small>SIM CP*10</small>	Contemporary research in practice
Art & Science of Nursing A <small>SIM</small>	Family Centred Nursing <small>SIM</small>	Therapeutic Use of Self <small>SIM</small>	Promoting Clinical Excellence
Art & Science of Nursing B <small>SIM CP*10</small>	Reflection & Practice <small>IPS</small>	Evidence appreciation & application in practice <small>IPS</small>	Clinical practice 2 <small>SIM *20</small>
Primary Health Care Nursing <small>SIM</small>	Cultural competence in Health Care Practice <small>SIM IPS</small>	Therapeutic Intervention s in Mental Health	Nursing care of people with complex conditions <small>SIM</small>
Essentials of Care A	Therapeutics in Nursing	Mental health and the older person	Challenges of Ageing <small>SIM</small>
Essentials of Care B <small>SIM CP*10</small>	Developing Nursing Practice 2 <small>SIM CP*10</small>	Practice development and person centred nursing	Leadership in Health Care Practice <small>SIM IPS</small>
Introduction to Health behaviour change	Mental Health Nursing 1 <small>SIM CP*10</small>	Clinical practice 1 <small>SIM *IPS</small>	Transition to Professional Practice

# challenges

- Meaningful consumer & carer input
- Finalising overseas experience
- Ongoing liaison with mental health services